

Programme on Enhancing Performance and Well-Being through Leadership

(February 02 - 06, 2026)



Administrative Staff College of India
(accredited as उत्कृष्ट by Capacity Building Commission, GoI)

PROGRAMME OVERVIEW

This comprehensive training programme is designed to equip leaders with the knowledge, skills, and strategies required to elevate both individual and team performance while fostering well-being. By focusing on two critical dimensions of leadership—**Leading Self** and **Leading Teams**—participants will gain the tools to enhance their self-awareness, build meaningful relationships, and drive organizational success.

The programme emphasises the importance of *emotional intelligence, diversity, and positive psychology* in creating a culture of healthy interpersonal relationships. It also addresses practical aspects of managing change, resolving conflicts, and building high-performing teams.

Unlike regular programmes, this programme uses well-established psychometric assessments and theoretical and scientific models to deliver a comprehensive knowledge and understanding of decision-making in leadership. Additionally, drawing on such assessments and certified practitioner-based resources, the course facilitates the participants to make ‘informed choice-based decision-making models’, customizing their requirements

IMPACT

Role of leadership in:

- a) Understanding Self & Others
- b) Enhancing Work-Productivity
- c) Emotional Intelligence
- d) Conflict Management
- e) Managing Resistance to Change
- f) Building High-Performance Teams
- g) Positive Psychology for Leadership
- h) Influence of various leadership styles in determining the individual & team performance

CONTENT

Day 1: Understanding Self & Emotional Intelligence

Participants engage in psychometric assessments to explore self-awareness and emotional intelligence. The session covers managing emotions, improving interpersonal effectiveness, and fostering leadership resilience.

Day 2: Enhancing Work Productivity & Positive Psychology

Focuses on the psychology of motivation, Productivity strategies, and Stress management techniques. Participants learn how to cultivate a positive work culture and Enhance Personal and Team Performance.

Day 3: Conflict Management & Managing Resistance to Change

Explores conflict resolution models, Negotiation strategies, and overcoming resistance to change. Practical exercises enable leaders to handle workplace challenges effectively.

Day 4: Leadership Influence & High-Performance Teams

Covers leadership styles, Influence strategies, and Team dynamics for creating high-performing teams. Participants learn how to build trust, align goals, and inspire collaboration.

Day 5: Decision-Making & Leadership Action Plan

Applies decision-making models and strategic thinking frameworks for effective leadership. The programme concludes with personalized action plans to drive long-term performance and well-being.

FACULTY & METHODOLOGY

The MDP faculty comprises a dynamic blend of experienced professionals, led by Dr. Ashok Kumar Patnaik, Professor of CHRD, and Dr. Bharath Shashanka Katkam, Assistant Professor at CHRD. Along with ASCI's esteemed faculty pool, the programme features eminent personalities from Indian Civil Services, CEOs, Business Management Experts, and renowned Legal and Technical Advisors, all with significant experience in top management roles. Their extensive knowledge and real-life examples from the corporate world will enrich the learning experience, offering participants valuable insights into practical, real-world applications based on their experience and expertise.

PARTICIPANT PROFILE

The programme provides opportunities to Junior, Middle and Senior level managers of public sector, private sector, banks, financial institutions and Government departments in strategic roles.

Organisational sponsorship is essential.

VENUE

The programme is fully residential and the participants will be accommodated in air-conditioned single-occupancy rooms. The college does not provide accommodation for the family. The college campus is Wi-Fi-enabled comprehensively.

DURATION

The programme duration is 5 days, starting from **February 02 - 06, 2026**. The participants are expected to arrive a day before commencement and may leave after the conclusion of the programme.

PROGRAMME FEE

Residential Fee: **Rs. 69,500/-** (US \$ 1086 for foreigners) plus GST as applicable (presently 18%) per participant. The fee covers tuition, board and lodging, courseware (in electronic form) and other facilities of the College including internet usage.

Non-Residential Fee: **Rs. 59,500/-** plus GST as applicable (presently 18%) per participant. The fee covers tuition, course ware (in electronic form) working lunch and other facilities of the College including internet usage.

A discount of 10% on the Programme fee for three or more participants from the same organisation will be given, provided the payment is credited into our Bank account before **January 30, 2026**.

Note: Kindly forward us the details of the Bank/ Wire transfer of the programme fee through email to: poffice@asci.org.in for confirmation.

Bank details are given below:

For Indian Participants:

Bank Account Number : 62090698675
Beneficiary Name : Administrative Staff College of India
IFSC Code : SBIN0020063
Bank Name : State Bank of India
Branch Address : Bellavista Branch, Raj Bhavan Road,
Somajiguda, Hyderabad - 500 082.

For Foreign Participants:

Bank Account Number : 62090698675
Beneficiary Name : Administrative Staff College of India
Swift Code : SBININBB327
Bank Name : State Bank of India
Branch Address : Bellavista Branch, Raj Bhavan Road,
Somajiguda, Hyderabad - 500 082.
Country : India

MEDICAL INSURANCE

The nominees are requested to carry with them the proof of Medical Insurance. The sponsoring agency is required to endorse the nominees' medical coverage in the event of hospitalization.

LAST DATE FOR NOMINATION

Please use the prescribed/attached form. The last date for receiving nominations **January 23, 2026**. Kindly contact the Programmes Officer for further details (contact details are given at the end of the nomination form).

LAST DATE FOR WITHDRAWAL

January 27, 2026. Any withdrawals after this date will entail forfeiture of the fee paid, if any.

ASCI ALUMNI ASSOCIATION

Participants of the College programmes will automatically become members of the ASCI Alumni Association.

CERTIFICATE OF PARTICIPATION

The College issues a Certificate of Participation on the conclusion of the programme.

Programme Directors

Dr. Ashok Kumar Patnaik / Dr. Bharath Shashanka Katkam

Email: ashok.kumar@asci.org.in / bharath@asci.org.in

WhatsApp: 9381336963

Administrative Staff College of India (ASCI) is taking all the precautionary measures and following all the norms (in light of COVID-19) to provide a safe environment for the participants who are visiting our Campus to attend the Training Programmes.



ABOUT ASCI

ASCI is the first Management Development Institution set up in the country at the instance of the Government of India and industry in 1956 to impart state-of-the-art management education for practicing managers, a legacy that we proudly take forward with a strong alumni of over 1,76,500. We are proud of our alumni which includes the leaders of Indian industry and senior Civil Servants in the government, public sector undertakings to be a part of this unique organisation. We are thankful to you all for the support extended in the past and look forward to your continuing patronage in 2025-26.

Also, ASCI conducts customized programmes for Government of India, State Governments, Public Sector, Private Sector and various international organisations. Our experienced faculty bring to the table a wealth of academic credentials, rich industry exposure and act as a catalyst in the classroom discussions, case study analyses and tutorials. Our faculty also conduct international programmes which provide an exposure to the global best practices. In addition to this, faculty at ASCI also carry out large number of management research activities (typically about 100 each year) which helps them provide the much needed value addition in the training programmes. In addition, we conduct non-residential programmes at our New Delhi Centre as well as off-campus programmes at the venue of the client's choice.



Administrative Staff College of India

Bella Vista, Raj Bhavan Road, Khairatabad, Hyderabad - 500 082, India.

Telefax (Programmes Office) : 0091-40-23324365

Mobile: 9246203535, Phone : 0091-40-66534247

Fax : 0091-40-66534356

College Park Campus

ASCI, Road No.3, Banjara Hills,
Hyderabad-500 034, Telangana, India
+91-40-66720700/01/02/05
+91-40-66720725

Delhi Campus

ASCI, C-24, Institutional Area, South of IIT
Behind Qutub Hotel, New Delhi-110016.
+91-11-26962204, 26961750, 26961850
+91-11-26866097



asci
Leadership through Learning

ADMINISTRATIVE STAFF COLLEGE OF INDIA
Bella Vista, Raj Bhavan Road, Hyderabad - 500 082, India

Nomination Form

**Programme on
Enhancing Performance and Well-Being through Leadership
(February 02 - 06, 2026)**

Nominee's Contact Information

Name (Mr/Ms)	:	_____	Date of Birth:	_____
Designation	:	_____	Qualification:	_____
Organisation	:	_____		
Address	:	_____		
Phone(s)	:	Office: _____	Mobile: _____	Home: _____
e-mail	:	_____	Fax:	_____

Sponsors Details

Name of the Sponsoring Authority:	:	_____	Designation:	_____
Organisation	:	_____		
GSTIN Number:	:	_____		
Address	:	_____		
	:	_____	Pincode:	_____
Phone(s)	:	Office: _____	Mobile: _____	
e-mail	:	_____	Fax:	_____

Fee particulars

Amount Payable	:	_____	Mode of Payment (DD/Ch/NEFT):	_____
Name of the Bank	:	_____	Date of Instrument/Transfer:	_____
Instrument Number:	:	_____	UTR Number for NEFT	_____

Medical Insurance:

Name of the Insurance Agency	Policy Number	Validity upto
_____	_____	_____
Note: Coverage should be available in Hyderabad, India.		

Signature and Official Seal of the Sponsoring Authority:

NOTE: Forward nomination form to: **Mr. G. Sreenivasa Reddy, Programmes Officer,** Administrative Staff College of India, Bella Vista, Hyderabad-500 082. Phone: 0091-40-66534247, 66533000, Mobile: 9246203535, Fax: 0091-40-66534356, e-mail: **poffice@asci.org.in**